

ANNUAL REPORT 2022

Holistic Kids
Foundation

www.holistickidsfoundation.org



Our purpose is to help and
raise awareness through
Alternative and Natural
Activities

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Educational



Artistic Activities

About Holistic Kids Foundation

Our foundation helps children, adolescents, the families and professionals caring for them.

Techniques from art, energy of color, dance, music, nutrition, meditation, gestural language, and more.

Our activities are
personalized, original,
and educational.

Holistic Wellness



Holistic Kids Foundation

IMPACT

Influential Reach



Increasing awareness/
exposure of their
circumstances, to
secure **public support,**
compassion, and
funding.

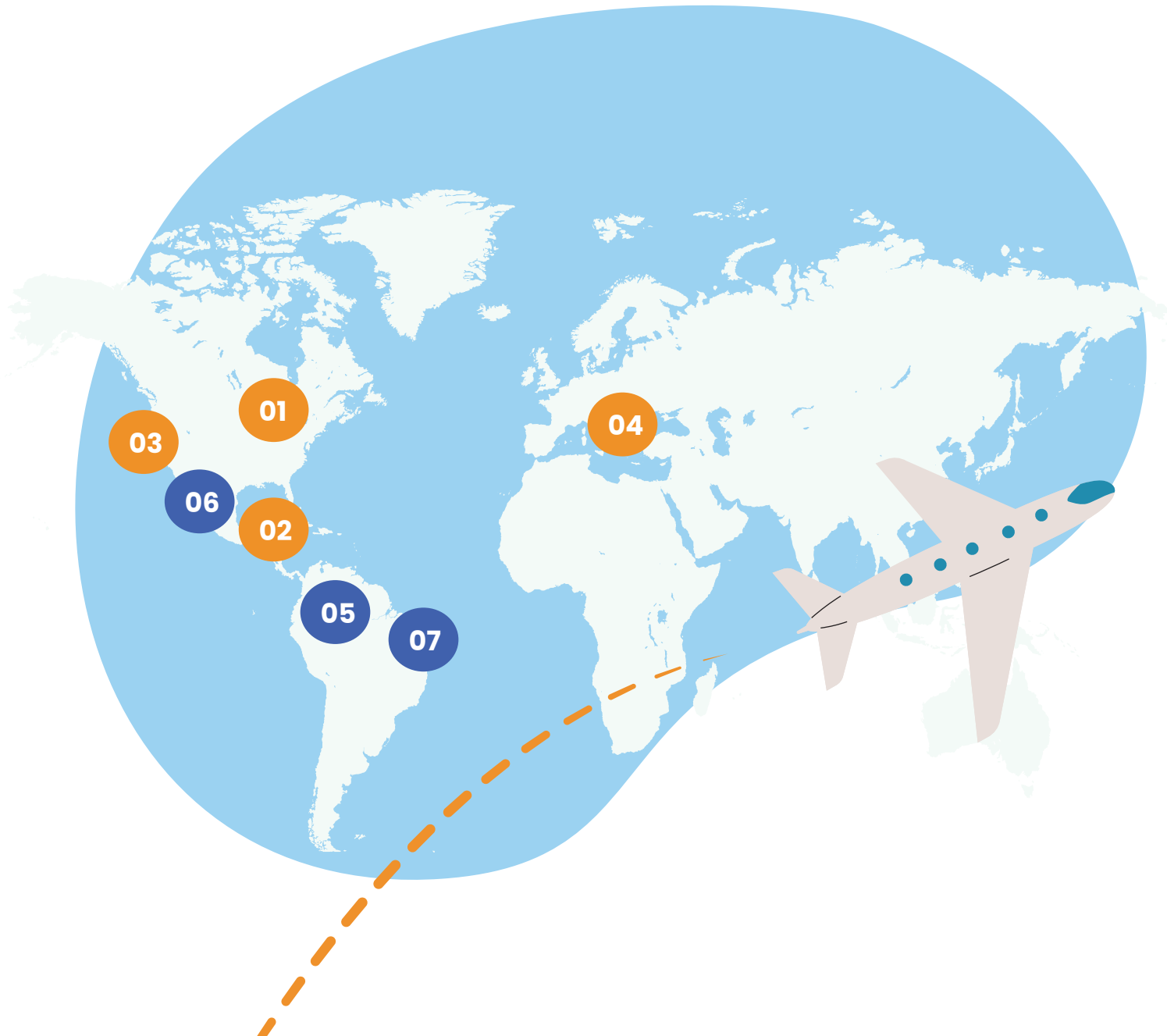


Granting an outreach
platform to the
disenfranchised by which
they can make **their**
voices heard.



Experience, resources,
and influential reach
necessary to engage
and **uplift local**
communities.

Working with domestic and international organizations.



Organizations:

01. Street Art Cancun

02. The Art House Global

03. Museum Italy of Torino

Street artists:

06. Solve (Mexico/ LA

07. Guilherme Asthma
(Brazil)

Our Goals

Empowering the underserved to live healthier, happier lives while contributing to their communities.

Community enrichment through classes, workshops, and exhibitions in artistic expression, education, and holistic wellness.



Supporting humanitarian and environmental causes through our skillset and resources, fostering positive change and community-centric activism.





Our Story

Holistic Kids Foundation was founded in Tarragona, Spain, 2002. Our mission was to teach children with special needs new tools and perspectives to enrich their daily lives.

We visited hospitals, education centers, and foster care facilities to Barcelona and back, instilling joy and positivity in these underserved children.

After our work with children was met with overwhelmingly positive reception, we expanded our program and mission to include senior citizens in our efforts to spread joy and positivity.

We strengthened our ties to local hospitals and continued to work with young and old alike until our 2014 relocation to the United States, where we re-established HKF in LA.

We then collaborated with the McDonalds Charity House and other American non-profit associations in efforts to continue spreading our practice.



In early 2020

Holistic Kids Foundation became officially recognized in the US as a 501(c)(3) non-profit organization.



During the Pandemic

What changed during the COVID-19 event?

Then, when things were looking their brightest, COVID-19 struck the world. In-person events were suspended indefinitely as history books turned to a darker page.

We perserved by rigorously adapting..

HKF re-formatted their services into virtual meetings and events by establishing a series of one-on-one coaching seminars to all ages and professionals to improve the quality of life and work for all those we reach.

Increased program accessibility for a virtual audience...

Our sphere of focus moved beyond the limitations of age groups entirely to focus on the Human Rights movement and its plethora of causes.

We committed to beautifying public spaces with culturally representative artwork...

Rallying communities together in support of environmental reform, safer, cleaner public transportation, and increasing visibility to the disabled and downtrodden.

Now that pandemic restrictions have finally loosened, we want to return to the work that brought HKF and the communities we've served joy and holistic growth.

With your help, we can!

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Nuestros Lienzos: Las Calles del MUNDO

11

Our Canvas: The Streets of the World

HKF's latest planned project, Nuestros Lienzos: Las Calles Del Mundo.

Our community street art event where in we will bring economic vitality and beautification to public spaces through mural painting and street canvassing.

All art for our proposed events will be made from recycled material. All sprays and paints will be water-based and non-threatening to the environment.





We intend as well to provide support to organizations, vendors, and personnel with conceptualized solutions to the clean public transportation dilemma.

Artistic Expression & Collaboration

Direct community-involvement in nurturing and beautification of public spaces with intent to foster strengthened community and appreciation of street art.

We aim to reduce crime and malcontent by fostering a sense of ownership and togetherness in underserved neighborhoods.

Equality, Diversity & Inclusivity

Empowering more artists from under-represented backgrounds by granting a platform to showcase the positive effects of street art's impact on our shared culture.

We aim to stem the tide of racial prejudice and guide underserved communities to a new age of love and harmony, fostering joy and peaceful co-existence on the world's streets.

Artistic Expression

Education

Offering them the platform necessary to inform the community about their clean air crisis and its potential solutions.



Past Interactions

Miami, Florida- 2020

+300 attendees of all ages contributed to the exhibition's in-progress murals.

We've hosted small-scale art classes for teens and preteens with an emphasis on sharing cultural diversity through the creation of Mandala Street Art.

HKF has donated several murals to enrich underserved community spaces in Inglewood and Marina Del Rey

These murals centered on the identity of the African American community and their culture, bringing artistic representation to the very spaces pining for inclusion.

We inject artwork for those communities, by those communities, and with those communities.

+300 attendees



HMK: Holistic Method KATT

About HMK

The HMK Project is a series of interactive techniques and workshops that we use to teach children and adults wellness in a Holistic and Integral way, covering all aspects of life:

the Body, Mind, Heart, and Spirit.

These activities connect children with their Body's needs, to creatively express their Heart's emotions and desires, to release the blocked traumas of the subconscious Mind.

Sensory experiences and assisted meditation to restore Spiritual balance by bringing children to a closer understanding of and connection to the Earth, Society, and their places therein.

The Method

Created to contribute to positive adolescent development in all aspects of their lives, from cognitive maturity to emotional creative expression.

We apply our holistic approach to a variety of activities in creative expression, including art, music, dance, and even working with animals.

Project Goal

Through these interdisciplinary holistic practices, we are committed to hands-on mentorship and guidance for each child's specific needs as we foster personal growth and self-discovery.

By unlocking their talents and abilities through guided holistic mentorship, children working within our method are prepared for living a healthy, independent life.



Past Iterations

Miami, Florida- 2020

'The Tree of Life,' a creative outlet project by which children from complicated homes build tree sculptures to personify and reflect on their chosen families and ancestors.

'Message of Life,' a workshop in unblocking one's innermost emotions to communicate them effectively to the world.

'Dance of the Tribes,' a hands-on immersion in multicultural song and dance from native tribes around the world with emphasis on re-connecting with one's spiritual roots and world cultures.

'Leave Your Mark,' a series of mural art projects by which participants contribute to the beautification of their communities through creative expression and collaboration.

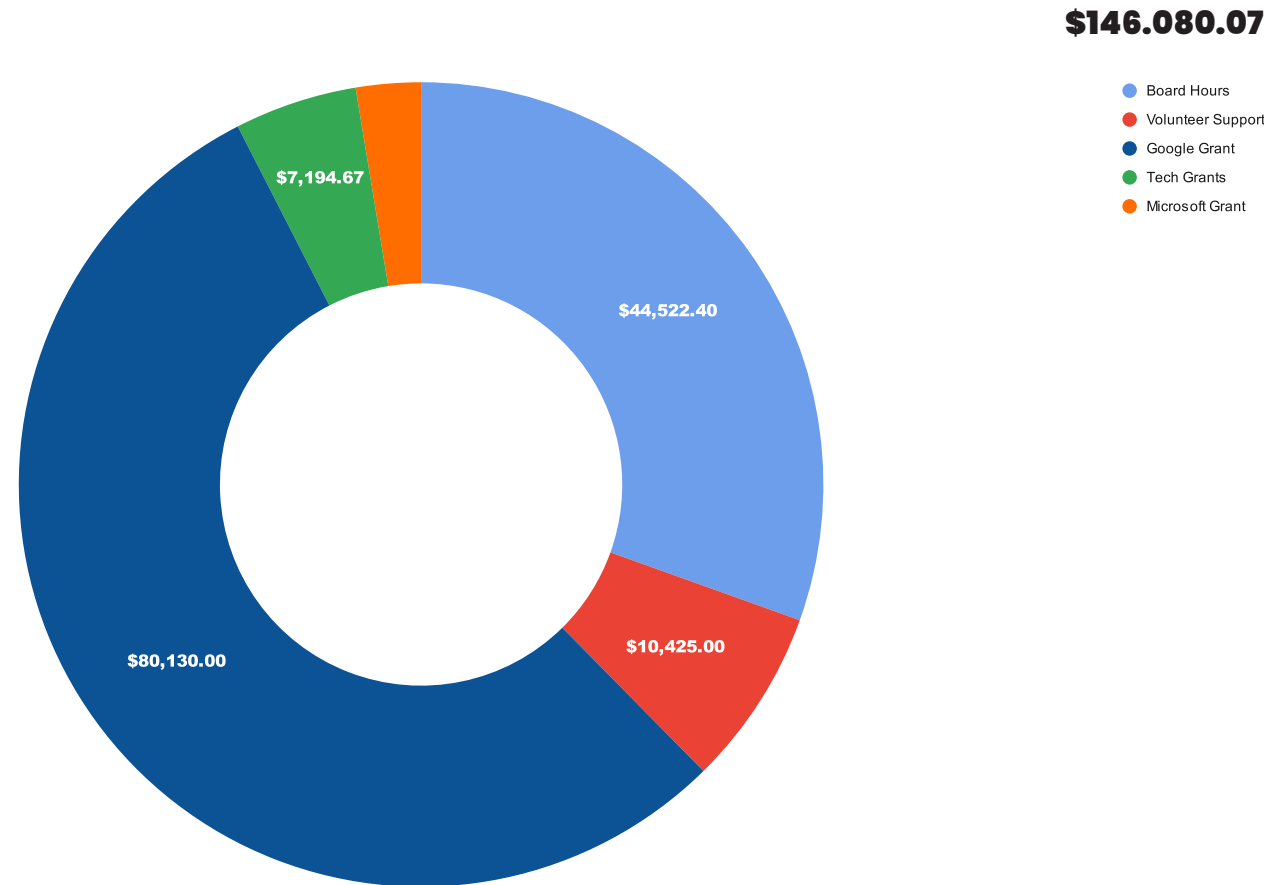
Human Right Platform

Social Media Campaigns

Social Media campaigns and event production/ coordination dedicated to humanitarian causes that align with Holistic Kids Foundations core beliefs.

Breakdown of Expenses

Please see below data reflecting Holistic Kids Foundation's expenses information in the year 2022.

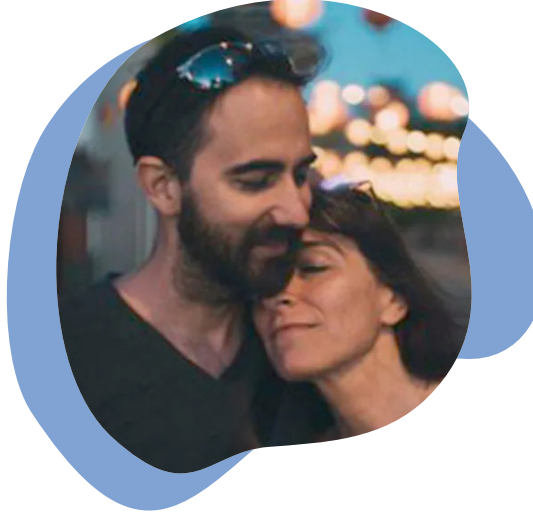


Meet Our Board



KATT- FOUNDER

Katt, a free spirit born in Barcelona, Spain, and found her her roots settling in Los Angeles, California, where she continues HKF's work.



KYN- CO-FOUNDER

Kyn, a Barcelona born street artist who's work has been featured in exhibitions for European, Moroccan, and American audiences, hangs his hat in Miami. He is a primary organizer for HKF's events and productions.



CHRISTINE- CO-FOUNDER

Christine is a filmmaker/ photographer based in L.A., born and raised in Barcelona. She has been involved with media production efforts for HKF since the foundation's beginning.

Our team of dedicated holistic professionals and artists works tirelessly to foster joy, love, community, and equality in the world.

Holistic Kids Foundation

2022

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